

Glen's Gear List - Tahoe Rim Trail thru-hike

8 trail days with 2 resupplies - 165 Miles Sept 21 - 28, 2007 highs 50s and 60s, lows to 25

item	description / notes / rationale	in pack	wear / carry	consume	on back
PACK - SHELTER - SLEEPING					
backpack	GG Murrur (prototype)	6.3			
waterproof pack cover	Mylar turkey bag	0.5			
sleeping pad	GG Thinlight 3/8" - 30" l, 12-16" w	2.1			
sleeping pad	tailbone pad	0.1			
shelter	Cuben wedge	2.7			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack	None	0.0			
stakes	5 GG Tite-Lite titanium	1.1			
stake bag	None	0.0			
guylines	Included in shelter	0.0			
sleeping bag	GG Sleepight Plus (long) (prototype)	22.0			
ground sheet or bivy sack	GG polycryo - small	1.2			
CLOTHING					
underwear - bottoms	Ex Officio boxers		3.6		
base / wicking layer top	Columbia titanium zip-T poly		8.2		
base / wicking layer bottom	REI convertibles (tall)		13.1		
insulating top	None - wear sleeping bag	0.0			
insulating bottoms	Early Winters tights	1.7			
raingear (hard shell) top	GG Driducks	5.4			
raingear (hard shell) bottoms	GG Spinnchaps	1.5			
waterproof glove shells	None	0.0			
windgear (soft shell) top	None	0.0			
windgear (soft shell) bottoms	None	0.0			
warm gloves	Possumdown	1.2			
warm hat	Possumdown	1.7			
sun hat	Tilley		3.3		
neck protection	Bandanna		0.9		
socks	Injinja toe socks		1.5		
spare socks	Coolmax	1.3			
sleeping socks	Fleece	1.8			
shoes	Golite Sun Dragon size 12		30.2		
clothing stuff sack	Cuben fiber (homemade)	0.4			
COOKING - WATER					
stove	Pot stand and fuel tab tray	0.9			
windscreen	Windscreen - titanium foil (tall)	0.7			
fuel bottle	none - fuel tabs	0.0			
matches / lighter	Mini lighter	0.4			
cook pot	David Lewis Heineken pot	1.0			
cook pot lid	David Lewis lid	0.2			
drinking mug	none	0.0			
utensils	McFreeze spoon	0.2			
food storage bag	homemade spinnaker	0.6			
bear bag hang system	aloksak	1.3			
water storage	GG 3 liter platy	1.5			
water storage	GG 2 liter platy	1.1			
water storage	1 liter platy	0.9			
hydration	GG platy drinking tube	2.7			
water treatment	GG Aquamira in mini bottles	1.0			
MISCELLANEOUS ITEMS					
flashlight / headlamp / whistle	Arc AAA, whistle on lanyard		1.0		
trekking poles	GG Lightrek 130 cm (2007)		6.0		
headnet	none	0.0			
bug dope	none	0.0			
sun	Dr. Outdoors	0.9			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap	0.3			
toilet paper	1/2 disposable shop towel per day	0.6			
hygiene	small bottle alcohol gel	0.6			
LNT kit	3 mil bags for packing out used TP	0.5			
small mesh bag	North Face	0.3			
blister & minor wound care	antibiotic, bandaids, compeed, etc	0.9			
meds	Imodium, Tums, tylenol pm, naproxin, etc	0.7		0.4	
notes	Sheet of waterproof paper, Sharpie	0.7			
firestarting kit	Sparker and tinder	0.2			
repair	duct tp, needle, thread, sfty pin, razor bld	0.3			
sunglasses on cord	Maui Jim titanium		1.5		
watch	Suunto Observer titanium		2.7		
compass	(on watch)	0.0			
camera (documentation)	Casio Exilim		5.4		
maps and permits		2.7			
CONSUMABLES					
food - snacks	3 days at 1.5 lbs.			72.0	
water	1 L average carried			32.0	
fuel	0.5 oz per day (hot dinners only)			1.5	