

Glen's Gear List - PCT NOBO Bridge of the Gods to White Pass - First Leg - 3 days
 August 2020 sunny, highs around 80, lows to 40?

item	description / notes / rationale	in pack	wear / carry	consume	maximum on back
PACK - SHELTER - SLEEPING					
backpack	GG Murmur - no belt	7.8			
waterproof pack cover	Mylar bag	1.0			
sleeping pad	GG Thinlight 3/8" - 30" l, 12-16" w	2.1			
insulation pad	none	0.0			
shelter	GG Whisper (prototype)	6.4			
shelter support (poles, etc.)	(Using trekking poles)	0.0			
shelter stow sack	None	0.0			
stakes	1 Ti V-stake, 6 Easton FMJ	1.6			
stake bag	None	0.0			
guylines	Included in shelter weight	0.0			
sleeping bag (no stuff sack)	GG Sleeplight long	17.2			
ground sheet or bivy sack	GG Polycryo small	1.0			
CLOTHING					
underwear - bottoms	Ex Officio Sport briefs		2.6		
base / wicking layer top	Columbia PFG nylon long sleeved		8.9		
base / wicking layer bottom	REI convertibles (tall)		13.2		
insulating top	Montbell Ex Light down jacket L	5.7			
insulating bottoms	Patagonia capiline	0.0			
raingear (hard shell) top	Berghaus Hyper Jacket XL	3.2			
raingear (hard shell) bottoms	Zpacks CloudKilt	1.9			
waterproof glove shells	Outdoor Research	0.0			
windgear (soft shell) top	Mtn Hardware Ghost Whisperer Anorak	0.0			
camp shoes	medical booties	0.7			
warm gloves	Icebreaker wool	0.9			
warm hat	Zpacks fleece	1.0			
sun hat	Tilley		3.3		
sun gloves	Palm Free	0.0			
neck protection	Bandanna		0.9		
socks	Wright double-layer		1.3		
spare socks	Thin nylon	1.0			
gaiters	Simblissity Levaqaiters		1.9		
sleeping socks	Fleece	1.8			
shoes	Altra Lone Peak RSM		25.4		
clothing stuff sack	Cuben fiber (Zpacks)	0.3			
COOKING - WATER					
stove	None	0.0			
windscreen	None	0.0			
fuel bottle	None	0.0			
matches / lighter	None	0.0			
cook pot	Amazon bubble envelope	0.8			
cook pot lid	None	0.0			
cook kit stuff sack	None	0.0			
utensils	GG long bamboo spoon	0.5			
food storage bag	homemade spinnaker	0.6			
bear bag hang system	aloksak	0.0			
bear bag hang system	60' spectra 725 line, garlic bag, mini	0.0			
water storage	1 l Smart Water bottle	1.6			
water storage	2+ liter Platy	1.5			
water storage	1 liter Platy	0.0			
water storage	Platy drinking tube	2.7			
water storage	2.5 gal container	0.0			
water treatment	NaClO in mini dropper bottle	0.4			
MISCELLANEOUS ITEMS					
signalling	whistle on lanyard		0.2		
headlamp	Petzl Bindi	1.2			
group light	LuminAID	0.0			
blade	Mini snips (carried on lanyard)		0.2		
trekking poles	GG Lightrek 5 no straps		9.2		
headnet	petersheadnets.com	0.5			
bug dope	Sawyer Maxi DEET spray	0.9			
sun	mini tube spf 30 plus mini lip balm	0.7			
toothbrush	GG Finger toothbrush and floss	0.2			
toothpaste	(use Dr. Bronner's)	0.0			
hygiene	Dr. Bronner's soap	0.2		0.1	
toilet paper	1/2 disposable shop towel per day	0.6			
hygiene	micro bottle alcohol gel	0.1		0.2	
LNT kit	WAG bag	0.0			
small items bag	Cuben fiber (Zpacks)	0.1			
blister & minor wound care	antibiotic, bandaids, compeed, etc	0.9			
meds	Imodium, Tums, tylenol pm, naproxin, etc	0.8		1.0	
tweezers		0.1			
notes	Rite in the Rain page, Sharpie	0.4			
reading glasses	i4u lenses	0.2			
firestarting kit	Sparker and tinder	0.2			
repair	8" duct tape, needle/thread, safety pin	0.2			
sunglasses	Maui Jim prescription		0.7		
watch	Suunto CORE		2.4		
compass	(on watch)	0.0			
documentation	iPhone8		5.2		
emergency	Garmin InReach Mini	3.4			
battery	RavPower 6700 mA	0.0			
maps and permits		1.3			
CONSUMABLES					
food - snacks	2.6 days at 1.4 lbs. per day			58.0	
water	1 L average carried			32.0	
fuel (Baro Cook)	2.0 oz. per day (hot dinners only)	0.0		4.0	