

## Via Francigena (Italy) Gear List

10 days, walking 10-20 miles per day, sleeping in 4-star hotels or agriturismo, dinners at nice restaurants

Daytime temps in 80's, some evenings to 50's

September 14 - 25, 2021

### *Item*

### *Notes*

#### **Packing**

Gossamer Gear Vagabond	Used for travel, then as daypack for daily walking
Sea to Summit Ultra-Sil Duffle Bag (40L)	Used for gear transport between hotels
Sea to Summit Travelling Light Shirt Folder (S)	Took out extra stiffener, just used one with instructions
Sea to Summit Travelling Light Shoe Bag (S) - 2	Sewed colored grosgrain on ends for easy access
Peak Design Packing Cube (S)	Used for LEM shoes
Litesmith Zipsa pouch (M) - 2	Used one for electronics, one for first aid items
Quart zipper ziploc	For hygiene items (incl. liquids)

#### **Clothing (Worn while flying)**

Ex-Officio underwear	Washed in hotel sinks, dry by morning
Bluffworks Threshold t-shirt (S, V-neck)	Grey, wicking, odor-resistant
REI wool liner socks	Grey
Patagonia Nano-Air vest	Black for more formal look
Bluffworks Ascender pants	Grey for dressier look
Mammut black belt	No metal for easier TSA transit
Bluffworks Gramercy blazer	Was folded into duffle during daily walking
Ministry of Supply Aero shirt	Wash and wear, stretch, odor-resistant
Altra Lone Peak shoes	Muted colors
Sunday Afternoons Charter hat	Wide brim for sun

#### **Clothing (Packed when flying)**

Y Athletics Silverair Merino boxers	Odor-resistant
Y Athletics Silverair Merino boxers (flyless)	Serves as swimsuit also
Darned Tough ankle hiking socks	
Wright ankle socks	Double layer, switch off to avoid blisters
Bluffworks Threshold t-shirt (S, V-neck)	Navy, wicking, odor-resistant
Eddie Bauer Pro Guide convertible pants	Some stretch, water-resistant
Proper Cloth long-sleeved collared shirt	Wash and wear, stretch, odor-resistant
Bluffworks Meridian collared shirt	Wash and wear, stretch, odor-resistant
LEM Drifter shoes	For evenings. Black, label removed.
Marmot Bantamweight rain jacket	Super lightweight and packable
Altra gaiters	Worked great for dusty gravel roads
Gossamer Gear HeadSweats cap	

#### **Electronics**

iPhone 8  
 AirPods  
 Nitecore 10,000 mA power bank  
 Short USB-c cord  
 USB-c to Lightning adapter with leash  
 Foldable USB-c plug  
 Sea to Summit Travelling Light Travel Adapter (Europe)

#### **Miscellaneous**

Binax instant Covid tests for U.S. re-entry (2)	
Sea to Summit Trek and Travel Laundry Soap flakes	No liquid for TSA issue, used in hotel sinks
Micro travel umbrella	Picked up in Japan, measures only 1" x 2.5" x 9"
Tenugui	Cotton hankie
Litesmith Nylofume pack liner	Rain was originally forecast for the entire trip
Water bottle - 750 ml. Arrowhead Sport Top	

Nomatic wallet  
Sunglasses with soft case/cleaning cloth  
Sea to Summit Pocket Towel (S)  
KN95 masks (2)  
Pens, mints, etc  
First aid  
Hygiene  
Dr. Bronners hand sanitizer spray  
i4u reading glasses

Used for foot care for others  
Dental care, etc  
Super light and compact

**Documents**

Passport  
Global Entry card  
Vaccination record original in Smelly-Proof bag  
Insurance card  
Copies of documents  
Trip itinerary  
Flight information  
(Dropbox folder on phone with digital versions of all documents, downloaded in case of no wifi)