

Alpe Adria Gear List

41 hiking days, walking 8-15 miles per day, sleeping in hotels or hostels with gear transfer, some breakfasts and dinners provided
 Daytime temps in 80's, some evenings to 50's
 August 19 - October 1, 2022

<i>Item</i>	<i>Notes</i>
Packing	
Gossamer Gear Vagabond	Used for travel, then as daypack for daily walking
Sea to Summit Ultra-Sil Duffel Bag (40L)	Used for gear transport between hotels
Sea to Summit Travelling Light Shirt Folder (S)	Took out extra stiffener, just used one with instructions
Sea to Summit Travelling Light Shoe Bag (S) - 2	Sewed colored grosgrain on ends for easy access
Peak Design Packing Cube (S)	Used for LEM shoes and Luna sandals
Litesmith Zipsa pouch (M) - 2	Used one for electronics, one for first aid items
Litesmith Zipsa pouch (L)	Used to keep all misc items together in Vagabond mesh pocket
Quart zipper ziploc	For hygiene items (incl. liquids)
1-Gallon and 2-Qt. ziploc bags for backup	
Clothing (Worn while flying)	
Ex-Officio underwear	Washed in hotel sinks, dry by morning
Bluffworks Threshold t-shirt (S, V-neck)	Grey, wicking, odor-resistant
CEP compression socks	Black - for long flights
Patagonia Nano-Air vest	Black for more formal look
Bluffworks Ascender pants	Grey for dressier look
Bison reversible (flecked grey/black) belt	No metal for easier TSA transit
Bluffworks Gramercy blazer	Was folded into duffel during daily walking
Bluffworks Zenith collared shirt	Wash and wear, stretch, odor-resistant
Altra Lone Peak shoes	Muted colors
Sunday Afternoons Charter hat	Wide brim for sun
Clothing (Packed when flying)	
Y Athletics Silverair Merino boxers	Odor-resistant
Y Athletics Silverair Merino boxers (flyless)	Serves as swimsuit also
Darned Tough ankle hiking socks	
Wright ankle socks	Double layer, switch off to avoid blisters
REI merino wool liner socks	Black
Bluffworks merino socks	Grey
Bluffworks Threshold t-shirt (S, V-neck)	Navy, wicking, odor-resistant
Eddie Bauer Pro Guide shorts	Some stretch, water-resistant
Bluffworks Zenith collared shirt	Wash and wear, stretch, odor-resistant
Bluffworks Meridian collared shirt	Wash and wear, stretch, odor-resistant
LEM Drifter shoes	For evenings. Black, label removed.
Marmot Bantamweight rain jacket	Super lightweight and packable
Altra gaiters	Worked great for dusty gravel roads
Gossamer Gear HeadSweats cap	
Buff	extra warmth + sun protection
Traveler's plastic poncho	
Pocket squares (2)	We WILL be in Italy, after all!
Voormi light beanie	
Luna sandals	
Kuiu light merino long-sleeved shirt	for hiking, sun protection
Electronics	
iPhone 13	
AirPods3	
Apple Watch	
Nitecore 10,000 mA power bank	
Short USB-c cord	
USB-c to Lightning adapter with leash	
Foldable USB-c plug	
Sea to Summit Travelling Light Travel Adapter (Europe)	
Charger cable for Apple Watch	

Miscellaneous

Sierra Madre folding carbon fiber trekking poles	In fabric case, stowed in Vagabond side pocket
Sea to Summit Trek and Travel Laundry Soap flakes	No liquid for TSA issue, used in hotel sinks
Micro travel umbrella	Picked up in Japan, measures only 1" x 2.5" x 9"
Tenugui	Cotton hankerchief
Litesmith Nylofume pack liner	
Water bottle - 1 l. Arrowhead Sport Top	
Allett Trifold wallet	
Sunglasses with soft case/cleaning cloth	Prescription, including reading
Sea to Summit Pocket Towel (S)	
KN95 masks (2)	
Pens, mints, etc	
First aid	Used for foot care for others
Hygiene	Dental care, prescriptions, vitamins, etc
Dr. Bronners hand sanitizer spray	
i4u reading glasses	Super light and compact

Documents

Passport
Global Entry card
Vaccination record original in Smelly-Proof bag
Insurance card
Copies of documents
Trip itinerary
Flight information
(Dropbox folder on phone with digital versions of all documents, downloaded in case of no wifi)